

2024

SOCIAL TRIPS

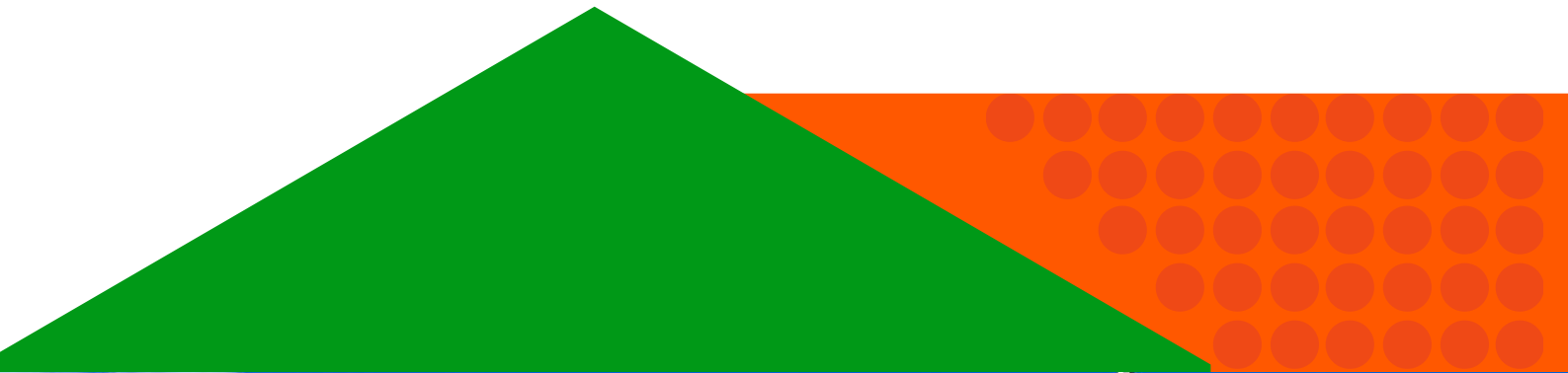




Table of contents

About our Social Trips	2
Booking Social Trips	3
January / February Trips	4
March / April Trips	5
May / June Trips	6
July / August Trips	7
September / October Trips	8
November Trips	9
Contact Information	10

About our Social Trips

Staying healthy and keeping physically active are crucial as you get older but it's vital not to overlook the roll social activities play as you age.



Here are 8 reasons social activities are important.

1. Create and maintain new relationships
2. Stimulate your mind
3. Increase emotional well-being
4. Improve Physical health
5. Delay the onset of dementia
6. Enhance motivation
7. Learn new activities
8. Maintain independence

Important Information



Bookings are essential

Our social trips are popular and seats are limited, so bookings are essential. Once your booking has been confirmed we will contact you the week prior to the trip to confirm your pick up time and arrangements.

Each trip has a maximum capacity due to resources. If the trip has reached capacity, your name will be added to the waiting list - you will be contacted if a spot becomes available.

Payments and Inclusions

Payment for social trips can be made prior to the trip at Graham House Community Centre or by credit card over the phone. We can also take cash-only payments on the day to the Graham House staff member co-ordinating the trip.

Unless otherwise stated, the cost of meals, entry and purchases are not included in the price. So please ensure to bring some additional money for these purchases.

Cancellations

Please contact us as soon as possible if you need to cancel. If you have pre-paid for your trip, we will be happy to arrange for refund.



■ January

Let's get it started 2024!

Tour the South Burnett

Date: 25th January 2024

Transport Cost: \$15

Lunch: Bring your own or purchase locally

Visit local treasures hidden in our own back-yard!
Tour includes: Memerambi Springs and other local attractions.

■ February

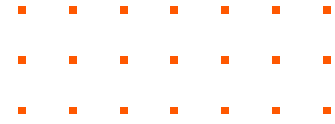
Pomona, Cooroy and Noosa Trip

Dates: 8th and 22nd February 2024

Transport Cost: \$30

Lunch: Bring your own or purchase locally

Visit Noosa Shire Museum with their vast and varied collection from the past. Visit Noosa Botanical Gardens for lunch before heading home.



March

Hervey Bay

Dates: 14th and 28th March 2024

Transport Cost: \$30

Lunch: Bring your own or purchase locally

Visit the beautiful seaside town of Hervey Bay and stroll the esplanade enjoying all that the coastal lifestyle has to offer - cafe's, shops and that view!

April

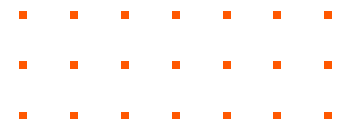
Jimbour House

Date: WEDNESDAY 3rd April 2024

Transport Cost: \$10 + \$55 Entry or \$10 Garden only

Lunch: Bring your own or purchase locally

Jimbour is a heritage listed homestead on one of the earliest stations established on the Darling Downs. Enjoy a House & Garden Tour with morning tea on the balcony for \$55 or simply pay \$10 to stroll the gardens at your own leisure and purchase your food.



May

Bundy Bell Burnett River Cruise

Date: 2nd May 2024

Transport Cost: \$30 + \$32.50 for Cruise

Lunch: Bring your own or purchase locally

Sit back and relax on board the historic river ferry as we wind our way down the Burnett River from the city of Bundaberg, through the countryside and out to the Port Marina.

June

Sea Life Sunshine Coast

Dates: 13th and 27th June 2024

Transport Cost: \$30 + \$35 Entry Fee

Lunch: Bring your own or purchase locally

Sea Life is located at Mooloolaba, and is a marine mammal park, oceanarium and wildlife sanctuary.



■ July

Mystery Tour

Dates: 11th and 25th July 2024

Transport Cost: \$30

Lunch: Bring your own or purchase locally

We can't tell you... that'd ruin the mystery!

■ August

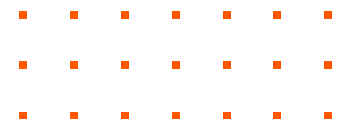
Murgon, Goomeri & Wondai Op Shop Trail

Dates: 8th and 22nd August 2024

Transport Cost: \$15

Lunch: Bring your own or purchase locally

Do the rounds of the local Op Shops trawling for bargains! Lifeline, Vinnies and Family 2 Family in Murgon. Goomeri Op Shop and Wondai Vinnies.



■ September

Toowoomba Gardens

Dates: 12th and 26th September 2024

Transport Cost: \$30

Lunch: Bring your own or purchase locally

Spring is here, so we are heading to Toowoomba to take in the floral delights of the Toowoomba Carnival of Flowers.

■ October

Noosa River Foreshore

Dates: 10th and 24th October 2024

Transport Cost: \$30

Lunch: Bring your own or purchase locally

Spend the day exploring the Noosa River Parklands or Hastings Street (you choose your drop off destination). Browse the local shops and cafe's, listen to buskers, hire a bike or take a river cruise.



November

Sunshine Plaza Shopping Trip

Dates: 14th and 28th November 2024

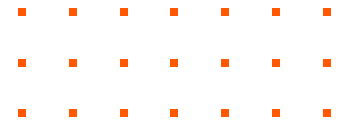
Transport Cost: \$30

Lunch: Bring your own or purchase locally

Shop till you can't shop any more! Sunshine Plaza has over 320 Specialty Stores together with David Jones, Myer, Target, Kmart & Big W. Get all of your Christmas shopping done in one great location!



Contact Information



☎ 4169 8400

✉ admin@grahamhouse.org.au

🏠 21 Taylor St East MURGON

🌐 www.grahamhouse.org.au

