



GRAHAM HOUSE
COMMUNITY CENTRE
Supporting our community

Community Newsletter

December 2017

Graham House Community Centre:

*21 Taylor St East, Murgon 4605
Ph: 4169 8400 Fax: 4168 3491*

Community Transport Services:

*66 Macalister St, Murgon 4605
Ph: 4169 5040 Fax: 4168 2444*

Graham House Community Centre Management and Staff would like to extend Season's Greetings to the community. We would like to express our gratitude and thank the many business houses, community organisations, service providers, Volunteers and individuals who have supported us throughout 2017. We wish you peace, prosperity and all the joys the festive season brings during this Christmas season. We hope you all have a very Merry Christmas and a Happy New Year and we look forward to working with you again in the coming year.

Christmas Closures

The Graham House Community Centre Taylor Street office will close for our annual break from 12.30pm Friday 22nd December, 2017 and will reopen at 9.30am Tuesday 2nd January, 2018. This includes the Graham House Centrelink Agency.

Graham House Transport wishes to advise that the Transport Services will be closed from Friday 22nd December, 2017 until Tuesday 2nd January, 2018. Limited transport will be available from the 2nd - 5th January and full service will resume on the 8th January 2018. If small groups (must be no greater than 6 people) would like to book a vehicle for social outings, please call us for more details.

May your Christmas sparkle with moments of love, laughter and goodwill and may the year ahead be full of contentment and joy.
Have a Merry Christmas.



We're on Facebook!

Get all the latest Graham House news on our Facebook Page!

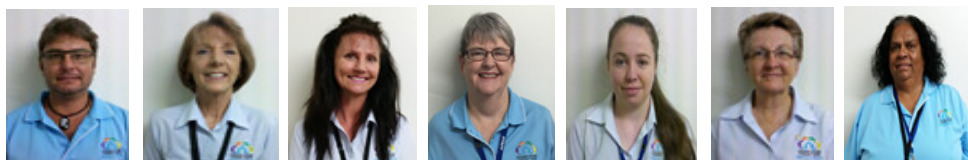
www.facebook.com/grahamhousecommunitycentre

Safety Tips when going on a Holiday Break

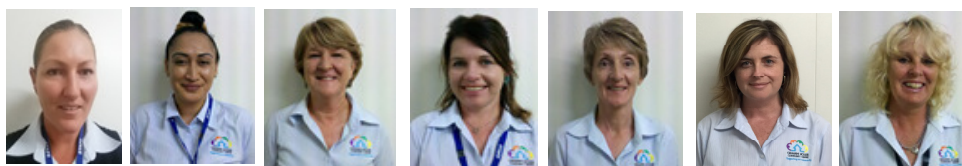
Safety and Security tips for the Holiday Season

- Make sure all windows and doors are locked in your home, garage and shed.
- Lock away tools, ladders and anything that could be used to get into your house.
- Have your mail collected by a friend or neighbor.
- Don't leave keys concealed outside the house.

It is the 'Silly Season' where burglaries increase during the holiday break. Stay Safe! Lock everything securely when you leave the house.



THE TEAM AT GRAHAM HOUSE



Circle of Security Parenting Program



At times all parents feel lost or without a clue about what our child might need from us. Imagine what it might feel like if you were able to make sense of what your child was really asking from you. The Circle of Security® Parenting™ program is based on decades of research about how secure parent-child relationships can be supported and strengthened.

Friendly, casual and informative Program

Closed sessions. Essential to register before commencement of program.

Phone Dot: 0417 040 323 or Email: dot.sempf@grahamhouse.org.au

Computer Classes

Be Connected for Seniors

Be Connected has a number of dedicated students who with the assistance of our tutors are mastering the challenges of technology. The program is in recess over the school holiday period and will resume on the 8th January. Contact our office for more details.

Graham House Community Kitchen

A Community Kitchen is a group of like-minded individuals who come together on a regular basis to socialise and cook affordable and nutritious meals. Classes held on Mondays 10am - 12pm at Graham House Community Centre, 21 Taylor Street East, Murgon.

**For info contact
Iris on 4169 8400**

Volunteers Needed

No Interest Loans Scheme (NILS)

NILS provides individuals and families on low incomes with access to safe, fair and affordable credit to purchase essential household items. NILS operate from small amounts of available funds and rely on the repayment of loans to continue to be of service to other members of the local community. Contact Graham House for more information on 41698400

NO FEES NO CHARGES NO INTEREST

Christmas Appeal

Graham House again this year is coordinating a Christmas Appeal in our community. We are partnering with Uniting Care and Target to bring a little joy to the families doing it tough this Christmas. Target Country Murgon are encouraging the community to purchase a \$1 bauble (or more) which is then donated to the appeal. The money raised is used to buy hampers and gifts for the vulnerable families in this area.



Wondai Art Gallery are also supporting the appeal. Gifts are warmly welcomed to be left under the Christmas tree in their Gallery. Donation boxes for gifts have been placed at the Murgon Shire Council, Soul Pattinson Chemist, Graham House Community Centre and Graham House Transport. We rely on the generosity of our community to give families a helping hand. All families in our community deserve to experience the joy and excitement of Christmas this year. For more information phone 41698400.

Department of Human Services

⇒ Its time to make the move to myGov! MyGov is the only way you can access your Centrelink online account. Help available at Agencies. myGov allows users to access government services online, all in one place. Services available include:

- ⇒ Medicare
- ⇒ Australian Taxation Office
- ⇒ Manage ABN Connections
- ⇒ Centrelink
- ⇒ Australian JobSearch
- ⇒ My Health Record
- ⇒ My Aged Care
- ⇒ Nanny Pilot Program
- ⇒ Child Support
- ⇒ Department of Veterans' Affairs



Graham Hours Opening Hours

Centrelink Rural Agency

Mon & Tues 11.30am - 3.30pm
Wednesday 1.00pm - 3.30pm
Thursday 1.00pm - 3.00pm
Friday 9.30am - 12.30pm

Emergency Relief

During business hours

Family Support Services

Monday to Friday

Community Transport Services

Mon – Thurs 9.00am - 3.00pm

Be Connected for Seniors

Please see office staff for program timetable

Community Kitchen

Monday 10 - 12pm except school holidays

Lilyponds Bookclub

2nd Tuesday each month at 5pm
All enquiries phone 41688400

Support Domestic & Family Violence Prevention

Graham House, together with local community organisations, will be organising a number of events across the region to raise community awareness about domestic and family violence. Keep an eye on our Facebook Page for the event details and find out how you can get involved or contact Graham House.

Emergency Contacts

Lifeline - Counselling	13 11 14
Mensline	1300 789 978
Kids Helpline	1800 551 800
DVConnect Mensline	1800 600 636
DVConnect Womensline	1800 811 811

Graham House is funded by:

Department of Social Services

Department of Human Services

Department of Communities



Australian Government
Department of Health and Ageing