

International campaign "1 Million Stars to End Violence" reaches the South Burnett

South Burnett's community centres, Graham House and Centacare Community Connections, supported "1 Million Stars to End Violence" in recognition of Domestic and Family Violence Prevention Month throughout May. Star Weaving Workshops were held in Murgon and Kingaroy on Thursday 14 May 2015.

Participants learnt how to weave stars using ribbon and heard Graham House and Centacare workers talk about domestic and family violence in our community. The woven stars are symbols of light, courage and solidarity to end all forms of violence, including violence against women.

Graham House will continue to hold star weaving sessions on Fridays, once a fortnight. **The first session will be on Friday 26 June 2015 from 10am - 12pm.** We hope to weave a total of 4,615 stars in the South Burnett. This number was chosen because it is the region's highest postcode! These stars will be sent to Brisbane for a grand display in 2018.

Interested community members can contact Kerry at Graham House on 4169 8400 or Louise at Centacare on 4162 5439 if they would like to get involved with this worthy campaign



Information Sessions at Graham House

Graham House is seeking suggestions from the community for Information Session topics.

If there is something you would like to learn more about, and feel it would be of a benefit to the community, we will endeavour to arrange a free Information Session for the community.

To make a suggestion please contact Kerry on 4169 8400 or cadw@grahamhouse.org.au



Emergency Contacts

Lifeline - Counselling	13 11 14
Mensline	1300 789 978
Kids Helpline	1800 551 800
DVConnect Mensline	1800 600 636
DVConnect Womensline	1800 811 811

Graham House is funded by:

Department of Social Services

Department of Human Services

Department of Communities



Queensland Government



Graham House Community Centre Community Newsletter

June 2015

Graham House Community Centre:

21 Taylor St East, Murgon 4605
Ph: 4169 8400 Fax: 4168 3491

Community Transport Services:

66 Macalister St, Murgon 4605
Ph: 4169 5040 Fax: 4168 2444

Graham House News from the Manager

Graham House would like to acknowledge and thank South Burnett Regional Council and the Mayor's Community Benefit Fund for their generous grant of \$15,000 which was presented to our organisation at the Mayor's Charity Gala Ball on Saturday 23 May 2015.

This funding will enable Graham House to deliver a project called "Warm for Winter" which will benefit vulnerable community members who need help accessing warm blankets and bedding for the winter months ahead. This project will ease the burden on our existing Emergency Relief Service which assists community members experiencing financial difficulties and hardship.

Thank you once again to South Burnett Regional Council and the Mayor's Community Benefit Fund for making this project a reality. If you, or someone you know, needs help keeping warm this winter please visit us at Graham House Community Centre (21 Taylor Street East, Murgon) or contact our staff on (07) 4169 8400. *Linda O'Hare, Manager*



We're on Facebook!

Get all the latest Graham House news on our Facebook page!

www.facebook.com/grahamhousecommunitycentre



Interested in Volunteering?



Graham House could not provide the varied range of services we offer to the community without the generous support of our volunteers. Our volunteers are the heart of our organisation!

Volunteering is also a great way to get involved in your community and meet new people. We are looking for volunteers to assist Graham House in the following areas: Drivers for Community Transport Services, Administration, Social Support and Broadband for Seniors Tutors.

If you would like to be a part of the Graham House team please contact Kerry on 4169 8400 or cadw@grahamhouse.org.au

Falls Prevention Program Coming Soon: Register Your Interest Today!

Graham House is proud to be delivering the South Burnett Falls Prevention Program with local physiotherapist, Fran Hutton. This opportunity has come about thanks to funding through the Mayor's Community Benefit Fund.

This program will help you explore and discuss personal limitations, fears, strengths and weaknesses and how your daily environment and personal wellbeing can impact on the risk of falling.

Dates and venue are to be advised at this stage however it is possible to register your interest and we will notify you of the program details when they are confirmed.

To register your interest please contact our Transport Team on 4169 5040 or cts@grahamhouse.org.au



Spinners and Weavers - Time for a Challenge!

What can you make with only 125g of fibre? The Graham House Spinners & Weavers challenged themselves to make something from 100g of green merino fibre and 25g of black or white fibre and this is what they made!



Services and Programs Updates

Family to Family

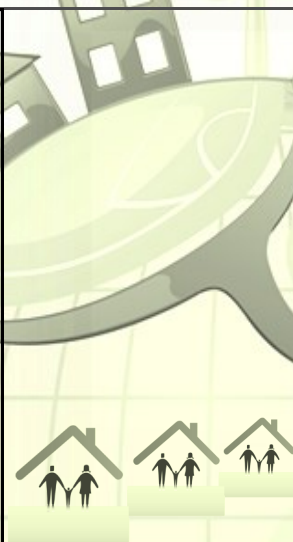
Graham House provides pre-loved clothing and household items to those in need. These items are generously donated by community members. Continued donations are greatly needed as we are extremely low in kitchen items and winter clothing for men and children (ages 4+).

Donations can be dropped off at Graham House on Taylor St East

Lily Ponds Book Club

Graham House Lily Ponds Book Club currently has 2 vacancies! Meetings are held on the 2nd Tuesday of the month at 5.00pm at the Taylor St Office. The next meeting is on 14th of July, the book to be discussed is "The Winter Vault" by Anne Michaels

If you are interested in joining please contact Kerry on 4169 8400



Spinners & Weavers

The Graham House Spinners & Weavers held a fun challenge for their members back in April. See pictures of their creative pieces on page 2!

The group meets at Graham House Hall (Pearen St) on the 1st and 3rd Thursday of the month from 10am - 2pm. New members are always welcome.

What's Coming Up

- 1 Jul** Murgon Circle of Security
- 2 Jul** Broadband for Seniors & Spinners & Weavers
- 6 Jul** Broadband for Seniors
- 7 Jul** Men's Support Group
- 9 Jul** Broadband for Seniors
- 10 Jul** Star Weaving Session
- 13 Jul** Broadband for Seniors
- 14 Jul** Men's Support Group, Cherbourg Playgroup & Lilyponds Book Club
- 15 Jul** Community Garden
- 16 Jul** Broadband for Seniors & Spinners & Weavers
- 20 Jul** Broadband for Seniors
- 21 Jul** Men's Support Group, Cherbourg Playgroup
- 23 Jul** Broadband for Seniors
- 24 Jul** Star Weaving Session
- 27 Jul** Broadband for Seniors
- 28 Jul** Men's Support Group & Cherbourg Playgroup
- 30 Jul** Broadband for Seniors
- 3 Aug** Broadband for Seniors
- 4 Aug** Men's Support Group & Cherbourg Playgroup
- 5 Aug** Community Garden
- 6 Aug** Broadband for Seniors & Spinners & Weavers
- 7 Aug** Star Weaving Session
- 10 Aug** Public Holiday - Graham House closed
- 11 Aug** Men's Support Group, Cherbourg Playgroup & Lilyponds Book Club
- 13 Aug** Broadband for Seniors
- 15-23 Aug** Seniors Week
- 17 Aug** Seniors Expo at Graham House Hall & Community Kitchen

For more information visit grahamhouse.org.au/events or contact us on 4169 8400