

## Ergo Light Deluxe Wheelchairs now available with Graham House Transport



Graham House Transport Services now has three Ergo Light Deluxe Wheelchairs that can be used when transporting clients to and from their appointments. Graham House purchased these special wheelchairs thanks to a donation from **Felicity's Wish Foundation** and **Kingaroy's Huston Nissan**.

If you would like extra assistance getting to and from the Graham House vehicles please make sure you request the wheelchairs when you make your next booking.

**For more information please contact Graham House Transport Services on 4169 5040.**

*Felicity Purcell's life ended on the 5th August 2008 at the young age of just 33 after enduring a year long battle with breast cancer. Felicity's Wish is a foundation established in October 2008 by her friends and family as a memorial to ensure her life long goals are perpetuated. [www.felicityswish.com.au](http://www.felicityswish.com.au)*

### GH Spinners & Weavers on show in Wondai

The GH Spinners and Weavers ended the year on a high with a very successful exhibition at the Wondai Regional Art Gallery throughout November. Many of the items were sold to locals and visitors to the region.

The group is now on a break for Christmas and will meet again on Thursday 15 January 2015 from 10am-2pm at Graham House Hall on Pearen Street, Murgon. **Newcomers are always welcome!**

### GH Christmas Raffle

Thank you to everyone who supported our Christmas Raffle, we raised over \$150 which will go towards helping Graham House clients and families.

The winners were:

1st Prize: Lego & toiletry packs - L Wessling, 2nd Prize: Cluedo - A Kemp and 3rd Prize: Rainbow Loom - K Kerkow.

Congratulations to our winners and thank you again to those who supported us by purchasing tickets!

Thank you also to the local businesses who sold tickets for us: Murgon Snack Shack, Soul Pattinson Chemist, Angels Friendly Grocer and the Murgon and Wondai Visitor Information Centres.

### Emergency Contacts

Lifeline - Counselling	13 11 14
Mensline	1300 789 978
Kids Helpline	1800 551 800
DVConnect Mensline	1800 600 636
DVConnect Womensline	1800 811 811

Graham House is funded by:

Department of Social Services  
Department of Human Services



Australian Government  
Department of Health and Ageing



# Graham House Community Centre Community Newsletter

December 2014

**Graham House Community Centre:**

21 Taylor St East, Murgon 4605  
Ph: 4169 8400 Fax: 4168 3491

**Community Transport Services:**

66 Macalister St, Murgon 4605  
Ph: 4169 5040 Fax: 4168 2444

## Graham House News from the Manager

Graham House Community Centre management and staff would like to extend Season's Greetings to the community.

We would like to express our gratitude and acknowledge the many business houses, community organisations, service providers and individuals who have supported us throughout 2014.

We hope you all have a very Merry Christmas and a Happy New Year and we look forward to working together with you again in the year ahead. *Linda O'Hare, Manager*



## Christmas Closure Information

### Closure dates for Graham House Community Centre 21 Taylor Street East, Murgon.

Office Closing: Wednesday 24 December 2014 – 4.00pm  
Office Opens: Monday 5 January 2015 – 10.00am

### Closure dates for Graham House Transport Services 66 Macalister Street, Murgon.

Office Closing: Wednesday 24 December 2014 – 4.00pm  
Office Opens: Monday 5 January 2015 – 10.00am  
Transport Resumes: Monday 12 January 2015

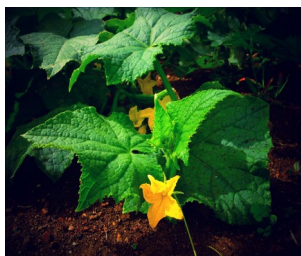


## Get your hands dirty at our Community Garden!

Graham House's Community Garden held the final working bee for 2014 on Wednesday 17th of December. We have been harvesting beans, silverbeet and zucchinis over the recent weeks. Next off the rank we will harvest corn, watermelons and beetroot!

**In 2015 the community garden will meet on the 1st and 3rd Wednesday of the month from 10.00am to 12.00pm.** Our first session for the year will be on Wednesday 4 February 2015.

We will be inviting guest speakers along to our meetings in 2015. Our first guest speaker will be Brian Jarvis from Growing the Burnett on Wednesday 4 March 2015 from 10am.



**If you are interested in joining our Community Garden please call Dot on 4169 8405.**

## A community garden can help you...

**LEARN** more about gardening

Save  
MONEY \$\$

GROW  
your own  
produce

get  
ACTIVE  
outdoors

make new FRIENDS

## Get Connected at Graham House's Broadband for Seniors Kiosk



Free computer and internet training is available at Graham House's Broadband for Seniors Kiosk with our dedicated tutors, Ilja and Gene.

Broadband for Seniors provides older adults, aged 50 years and over, with an accessible, friendly and secure environment to receive free computer and internet training.

The computers and internet connection at the kiosk can also be used by seniors for practice and personal computer use outside of scheduled training times. You will be taught in very small groups by friendly volunteer tutors who know how difficult it can be to learn new computer skills.

**Want to know more?** Call Kerry at Graham House on 4169 8412.

## Services and Programs Updates

### NILS - A bit like a boomerang...

No Interest Loans Scheme (NILS) continues to enable low income earners the opportunity to purchase new and essential household items.

In order for Graham House to continue this valuable service it is essential for all applicants to repay their loans.

**Think of how a boomerang works...**  
Money is loaned out...  
Money comes back...  
Money gets loaned out again!

If you fail to repay your loan it will make it harder for other community members who need help because no funds will be available.

**Thank you & congratulations to those who have successfully paid off their loans!**



### Join us at Playgroup in 2015

Cherbourg Community Health and Graham House Playgroup meet at the Guide Hut at Cherbourg State School every Tuesday during school term, from 10am - 12pm.

The first meeting in the New Year will be Tuesday 10 Feb 2015.

**For more info please call Dot on 4169 8400.**

### Upcoming Circle of Security Dates

Circle of Security gives parents tips and strategies to build stronger bonds with their children.

Dates have been set for 2015, the program runs for 4 weeks with 1 session/wk:

**Murgon** Wed 18 Feb - 11 Mar (9.30am)

**Kingaroy** Thur 19 Feb - 12 Mar (10am)

**For details of times & venues please call Dot on 4169 8400.**

## What's Coming Up

**25 Dec - 4 Jan** Graham House Xmas Closure

**5 Jan** Graham House re-opens

**13 Jan** Men's Support Group

**15 Jan** Spinners & Weavers

**20 Jan** Men's Support Group

**27 Jan** Men's Support Group

**2 Feb** Community Kitchen

**3 Feb** Men's Support Group

**4 Feb** Dementia Info Session & Community Garden

**5 Feb** Spinners & Weavers

**9 Feb** Community Kitchen

**10 Feb** Playgroup & Lilyponds Book Club

**16 Feb** Community Kitchen

**17 Feb** Playgroup

**18 Feb** Community Garden & Murgon Circle of Security

**19 Feb** Spinners & Weavers & Kingaroy Circle of Security

**23 Feb** Community Kitchen

**24 Feb** Playgroup

**25 Feb** Murgon Circle of Security

**26 Feb** Kingaroy Circle of Security

**For more info visit [grahamhouse.org.au/events/](http://grahamhouse.org.au/events/) or call us on 4169 8400.**